



SPECIAL EDUCATIONAL NEEDS AND DISABILITY 0-25 IN KNOWSLEY

**KNOWSLEY'S
PREPARING FOR ADULTHOOD GUIDE**

**For parents and carers of children and
young people with special educational
needs and/or disabilities (SEND)**



Knowsley
**CHILDREN &
FAMILIES**
Board



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INTRODUCTION

What is preparing for adulthood?

Knowsley Local Area worked with the National Development Team for Inclusion and young people across the borough in early 2022 to answer this question.

Our young people told us that preparing for adulthood is the steps we take to enable children and young people with SEND to:

- have friends and go places such as bowling or to a local club
- be able to work and earn money
- feel fit and healthy
- feel safe and be involved in their local communities
- do well in school

These align with the 4 key indicators of preparation for adulthood which are:

- Employment
- Independent Living
- Community Inclusion
- Health

In Knowsley we believe it is never too early to start preparing our children and young people for adulthood and we encourage discussions around the above outcomes right through early years, primary and secondary settings, and Further Education.

Who is this guide aimed at?

This guide is for young people with SEND and their parents and carers who want more information on their future options. It gives information on the preparing for adulthood process, what to expect, what they should be considering at each stage and who to contact for support and information. These young people will usually have an education, health and care plan (EHCP) or will be on SEN support. Those on Special Educational Needs (SEN) support should continue with 'assess, plan, do and review' until the young person leaves education or their support needs change.

This guide may also be a useful tool for those children and young people who do not have an EHCP or receive SEN Support.

Equally professionals may also find this guide useful.

Knowsley Parent Carer Voice

Knowsley Parent Carers Voice are a group of parents and carers of children with special education needs and disabilities from Knowsley. Our aim is to work in partnership with Education, Social Care and Health & Wellbeing services to influence and develop quality services for children and young people with Special Educational Needs and disabilities in Knowsley.

Purpose of Knowsley Parent Carers Voice

- Membership is open to all parent carers of children and young people aged 0-25 years with special educational needs or disabilities
- Meet to talk about issues that affect us, our children and our families
- Share information and experiences between professionals and parents directly
- Liaise and meet with Council officials and Health Service Providers with a view to helping them improve, we are the experts and we need to help them understand
- Consult on changes that affect the parent carers and the children with special educational needs or disabilities
- Hold regular coffee meetings and events, please contact us for full details
- Have various online individual support groups, please contact us for details and we can register you and pass on the necessary information and links



07376 233 141



The Preparing for Adulthood Guide will be reviewed regularly, if you have any feedback or comments, please email SENDadmin@knowsley.gov.uk



www.facebook.com/knowsleypcv/



Infokpcv@gmail.com

SEND Youth Voice

AMPLIFY & NEUROPA SEND Youth Voice are groups for young people with SEND across Knowsley to meet every two weeks to discuss how they are supported.

We talk about if the support is good enough, any issues in school/ college or training and any changes to Council services.

It is an ideal place for young people to come together to meet new

people, develop confidence, express themselves, take part in creative projects and have open discussions about SEND.

- Membership for AMPLIFY is open to all young people with SEND (with or without an EHCP) between the ages of 7-16
- Membership for NEUROPA is open to all young people with SEND (with or without an EHCP) aged 16+
- AMPLIFY & NEUROPA SEND Youth Voice exists to empower young people with SEND to make positive and lasting changes to the way Knowsley Council and its partners deliver their services

Before these groups, there were no other youth voice groups specifically for young people with SEND to participate in and give their views, thoughts and opinions on the support they receive from the Local Authority and how it affects them.

The goal is to change the lives of young people with SEND and to provide a collective voice for those that want to make a difference.

What we do in AMPLIFY & NEUROPA

- We have open discussions about SEND, topics that affect the lives of young people and other topics that interest us
- We work closely with Knowsley Council to ensure the voices of young people have a direct impact on the work they do
- We make videos to help inform children and young people about different SEND related topics
- We work creatively on different projects
- We create and design materials to send out and inform other young people such as posters and leaflets
- We have snacks
- We have fun




If you have a child or young person who you think would benefit from attending, you can email send@knowsley.gov.uk and request a referral form and dates for the next meetings.

EDUCATION, EMPLOYMENT AND TRAINING

Knowsley's aim is that all young people with Special Educational Needs and/or Disabilities (SEND) achieve their potential. High quality provision should be in place to enable young people to progress in learning, with the long term aim of achieving paid employment where possible.

All schools (Special and Mainstream) must provide information, advice and guidance. In addition, Knowsley Council commissions Career Connect (formerly known as Connexions) to provide information, advice and guidance (IAG) to young people between the ages of 13-24 where the young person has additional needs and had or has an Education, Health and Care Plan (EHCP).

 For full details on Career Connect offer, visit www.facebook.com/CareerConnectKnowsley/

 or contact KAGS (Knowsley Advice and Guidance Service) on 0151 443 2898

Young people who are not in Education, Employment or Training (NEET) or are at risk of becoming NEET can receive support from Career Connect to help them to stay in education and achieve in learning.

Annual EHCP Reviews

All Annual EHCP Reviews from Year 9 onwards must focus on achieving the Preparing for Adulthood outcomes. Employment, Independent Living, Community Inclusion and Health.

Roles at Reviews

Lots of key people have different roles at SEN or EHCP Reviews.

Young Person/Parent/Carer – Provide views in the format that they choose. May include attending Reviews or identifying views through alternative routes.

School – set Review date, work with Post 16 Providers to facilitate Transition, complete annual review paperwork recommending relevant changes and submit to the local authority, invite relevant professionals to attend:


- Year 9 – introduce Preparing for Adulthood themes
- Year 10 – Arrange visits to future potential future provision
- Year 11 – Autumn Review followed by Transition visits

Schools have a statutory responsibility to provide impartial Information Advice and Guidance, supporting the young people and their families to identify appropriate future pathways, ensuring that the view of the young person is considered.

Who else could contribute to a review

KAGS – Knowsley Advice and Guidance Service can provide advice and support for young people not in education, employment or training or their families.

Knowsley Works – provide support into employment for all ages over 16 and run a positive inclusion programme for people who may require more intensive support.

 Huyton – 0151 443 5010
Kirkby – 0151 443 4780
Halewood – 0151 443 2040

Career Connect – Can provide independent, impartial, Information, Advice and Guidance regarding future pathways and progression routes.

Knowsley SEND Team – Co-ordinate information (including Health and Social Care), update EHCP, issue Placement requests to Providers and collate responses.

Children's and Adults Social Care – Identify potential Social Care support requirements, ensuring that needs are met by Social Care if the young person has additional needs warranting formally commissioned support under social care services.

Progression Routes – Education, Training and Employment

Prior to leaving school, each young person should have a preferred option for their Post 16 pathway, aided by support from the school and, where suitable, Career Connect.

Careers, Information, Advice and Guidance should have been provided in school resulting in the identification of suitable progression routes.

Young people may leave school at 16 but must continue in education or training until their 18th birthday.

All young people with SEND up to 19 should follow a study programme that stretches them, prepares them for adulthood and supports progression into work, further study or a suitable and meaningful social care provision.

A Study Programme is available to 16-19 year olds and consists of an academic programme or a substantial vocational qualification and is a mixture of qualification and non-qualification (tutorial and work experience) hours. For the non-qualification hours, learners are required where appropriate, to take part in work experience, that is relevant to their course of study.

Young people who haven't yet achieved GCSE grade 4 or above in English and Maths at 16 will continue to study these subjects, by taking Functional Skills or similar provision to enable them to progress towards their GCSE achievement.

Those students who aren't able to study an academic programme or a substantial vocational qualification due to their level of need, can follow a non-qualification programme. The activities will prepare them well for employment, independent living, being healthy adults and participating in society. Young people should not be repeating learning they have already completed successfully.

Applications for Post 16 learning must be submitted early in the school year, in line with the applications deadline for any sixth forms or colleges. In Knowsley, we benefit from our location within the Liverpool City Region and young people can access Further Education at Alt Bridge, Bluebell Park, Flourish, FACE and colleges such as colleges at Hugh Baird, Carmel college, Cronton and Riverside colleges, Knowsley Community college and St Helen's College. You can check the College websites for information on open days or evenings or on Knowsley's local Offer Website.

Young people and their parents may also wish to explore special arrangements for exams. Students with SEND may need help such as extra time, a computer or a smaller/individual room. Access arrangements allow them to sit exams as fairly and comfortably as possible. School SENCOs/college staff will be able to provide advice and support.

Bursaries

You could get a bursary to help with education-related costs if you're aged 16 to 19 and:

- studying at a publicly funded school or college in England - not a university
- on a training course, including unpaid work experience
- a publicly funded school is one that does not charge you for attending it
- if you're 19 and over

You could also get a bursary if you either:

- are continuing on a course you started aged 16 to 18 (known as being a '19+ continuer')
- have an Education, Health and Care Plan (EHCP)

What a bursary is for

A bursary is money that you, or your education or training provider, can use to pay for things like:

- clothing, books and other equipment for your course
- transport and lunch on days you study or train



For more information and to apply visit;
Bursary Support
<https://www.gov.uk/>

Pathway to Paid Employment

Young people should also start to consider the type of support required to achieve paid employment. Options include Traineeships, Apprenticeships, Supported Internships and self-employment.

Traineeships

These are education and training programmes with work experience, focusing on giving young people the skills and experience they need to help them compete for an apprenticeship or other jobs.

Traineeships last a maximum of six months and include core components of work preparation training, English and maths GCSE (unless GCSE grade 4-9 standard has been achieved) and a high quality work experience placement. Young people can retain their EHC Plan when on a traineeship.

Apprenticeships

These are paid jobs that incorporate training, leading to nationally recognised qualifications. Apprentices earn as they learn and gain practical skills in the workplace. Many lead to highly skilled careers. Young people with EHC plans can retain their plan when on an apprenticeship.

Supported internships

These are structured study programmes for young people with an EHC Plan, based primarily with an employer. Internships can last up to a year and include extended unpaid work placements of at least six months. Wherever possible, they support the young person to move into paid employment at the end of the programme. Students complete a personalised study programme which includes the chance to study for relevant substantial qualifications, if suitable, and English and maths to an appropriate level. Young people with EHC plans will retain their plan when undertaking a supported internship.

Young people may be eligible for funding from Access to Work. This is available from the Department for Work and Pensions. Schools and Post 16 institutions should support young people to apply if they are considering entering into apprenticeships, traineeships or supported internships.

Knowsley will work in partnership with the young person, their family and the Post 16 institution to determine the best route for them. A thorough assessment will be conducted to ascertain the student's potential, abilities, interests and areas they want to develop. A similar assessment will be carried out with any potential work placement to make certain the experience is a positive one for the young person.

Starting your own business

To start your own business you need a good business idea, enterprise skills, advice from an expert and must be prepared to work really hard. Free, impartial advice can be obtained by visiting Invest Knowsley and Knowsley Chamber.

Volunteering Opportunities


A number of local organisations offer volunteering opportunities and this can change quite regularly.



For an up to date overview of opportunities please visit
Volunteering Opportunities | Knowsley Family Information
Service.
knowsleyinfo.co.uk



KNOWSLEY HOME TO SCHOOL/ COLLEGE TRANSPORT

 If you require an eligibility assessment for support with transport for a child with special educational needs or have a query about transport for a child who attends a Special School or a Resourced Unit within a mainstream school, please contact the Travel Support team on 0151 934 3399

 or by emailing Travel.Support@Knowsley.gov.uk

If your child does not have an EHCP and you would like to apply for travel support to a mainstream school please see the information below.

Parents and carers are responsible for ensuring that their children attend school regularly and on time. Most pupils in Knowsley:

- Walk to school, accompanied if necessary, by a parent/carer; or
- travel to school on public transport; or
- are driven to school by parents


Wherever possible the Local Authority (LA) expects parents to make similar arrangements for children attending mainstream schools. The LA has a statutory duty, and in appropriate circumstances discretionary powers to provide assistance with home to school travel, based on a pupil's individual needs and circumstances through a means tested eligibility assessment at the point of application.

Is my child eligible for a free travel pass to school?

School aged children (pupils up to age 16) are eligible for free home to school travel support if they:

- Are attending their nearest qualifying school and meet the eligible distance criteria relevant to their age group
- Are from a low income family and are attending a qualifying school and meet the eligible distance criteria

Further details including what is a qualifying school can be found within the Knowsley Home to School Transport Policy via this Local Offer page:

 [Travel Support](#)


SCHOOL/COLLEGE TRANSPORT POLICY

How do I apply?

You can apply by completing an application for travel support through the councils "myroute" platform.

 [My Route](#)

Further details including Knowsley Home to School Transport Application Form. Knowsley's Home to School Transport Appeals and can be found via this Local Offer page:

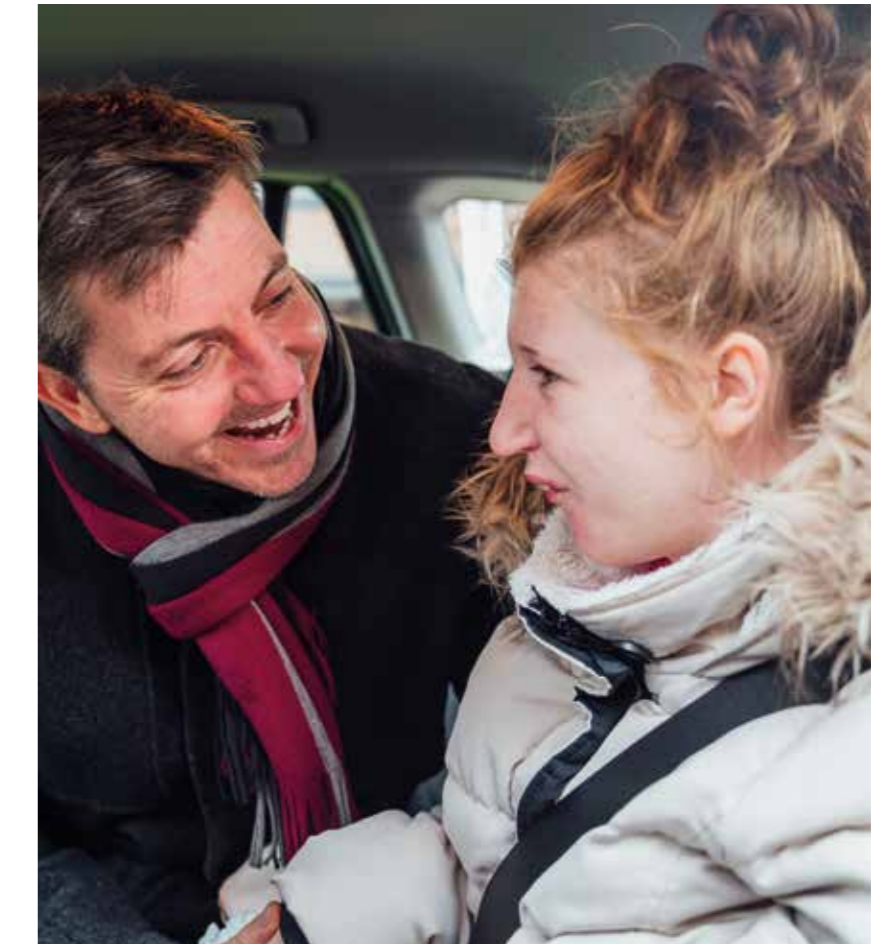
 [Travel Support](#)

Please note that Knowsley Council does not provide financial support for post-16 student travel.

Can I appeal your decision?

If you are informed that your child is not eligible for travel support under the current policy you will be offered the right of appeal against the decision.

Information about how you can about this will be included with the offer letter (the decision) that you receive.



HEALTH

Context

There are a number of health services across the local area commissioned by Cheshire and Mersey NHS.

Transition between Health services may happen at different points of a child's life. Examples of this are from midwifery to health visiting and then to school nursing services.


There are transitions between general and specialist health services, or from a service in one local area to another.

Transition from children's to adult Health services generally occurs around a child's 16th to 18th birthday, however planning for this will likely have started at around age 14 years.

There are differences in the services offered in adult health services and some services that are offered for children may not be offered in the same way for adults. It may be the case that children and young people are referred to the care of their GP rather than a hospital-based specialist service.

Some new referrals made to children's Health services are dependent on age and might need to be passed on to adult services. Health services are available across Knowsley to provide care and support to children, young people and their families from pregnancy through to adulthood. Most of these services can be accessed through your GP.


Knowsley Council's Public Health department has responsibility for commissioning the universal 0-25 community public health service which includes health visiting and school nursing services. More information about the department can be accessed here:

 School Nursing Service; Knowsley Health Visiting (<https://www.wchc.nhs.uk/services/health-visiting-knowsley/>)

NHS providers and other health organisations delivering care to children and young people in Knowsley are as follows:


Mersey Care Foundation Trust

Knowsley community services including wheelchair, phlebotomy, continuing healthcare, and Children's Community Nursing Team services are provided by Mersey Care Foundation Trust

 Mersey Care NHS Foundation Trust <https://www.mersecare.nhs.uk/our-services/knowsley>


Alder Hey Children's NHS Foundation Trust

Children's specialist hospital-based services treating highly complex and specialist conditions.

 www.alderhey.nhs.uk

St Helen's and Knowsley Teaching Hospitals (Whiston Hospital) District General Hospital for children and adult

Children and adult hospital-based emergency departments, intensive care and specialist medical and surgical services.


 Whiston Hospital <https://www.sthk.nhs.uk/our-services?letter=A>


Liverpool University Hospitals NHS Foundation Trust

Adult hospital-based emergency departments, intensive care and specialist medical and surgical services.

 www.liverpoolft.nhs.uk


Adult community and hospital based mental health and neuro-development (including ASD) and therapy services

 www.mersecare.nhs.uk

 For general NHS information please click on the following link: <https://www.nhs.uk>

LD Health Checks


Children and young people aged 14 years and over with a learning disability are eligible for an annual health review with their GP. It is important that young people and adults with LD take up this offer. More information can be found here:

 Annual Health Checks <https://www.nhs.uk/conditions/learning-disabilities/annual-health-checks/>


or by contacting your GP.

The 10 Steps Transition Pathway


The 10 Steps Transition Pathway is a simple generic pathway that describes the important steps for a young person with a long term condition, their parents, and professionals, as the young person moves from children's to adult services. There are lots of resources for young people, their parents and professionals to help make transition to adult services smooth, supported and empowered. More details about the process can be found here:

 10stepstransition.org.uk

In Knowsley we use the Ready, Steady, Go Transition planning process for those with complex health and care needs

 Ready, Steady, Go <https://www.knowsleyinfo.co.uk/categories/local-offer-16-25-year-olds-becoming-adult>

If you have any concerns about transition between services please discuss this with the person who provides the care to you or your child. This may be a GP or a specialist doctor, nurse, health visitor or therapist. If you feel that any concerns are not resolved you can contact Healthwatch.

 <https://www.healthwatchknowsley.co.uk/>

CHILDREN'S SOCIAL CARE

Through ongoing EHCP review and care planning it may be necessary that Children's Social Care are involved in providing support and/or services through the EHCP process.

This may be through Early Help services or a Child In Need, Child Protection, Care for Child or Children with Disability Team.

At the beginning of Year 9 professionals working in:

Children's Social Care/Early Help Teams will support preparation for adulthood by:

- Identifying any young person currently open to the team who may be eligible for an assessment by Adult Social Care Services
- Complete Transitions paperwork for submission to Adult Social Care when the young person is 14 years old. These will be updated at 16 years and as and when their care needs change



Disability Service

<https://www.knowsleydirectory.com/kb5/Knowsley/directory/advice.page?id=ixZZSsqY3lk&localofferchannel=0>



Early Help & Family Wellbeing Centres

<https://www.knowsleydirectory.com/kb5/Knowsley/directory/newfamily.page?newfamilychannel=2>



Leaving Care

<https://www.knowsley.gov.uk/social-care/children-and-young-people/children-looked-after/children-in-care-and-care-leavers/Knowsley-local-offer-for-care-leavers.aspx>

Children with Disabilities Social Work Team

The Children with Disabilities Social Work Team supports children up to the age of 18 who have learning disabilities, a physical or sensory impairment, chronic and life threatening or life limiting illness or multiple disabilities whose needs cannot be met through support available at Universal, Targeted or Early Help support.

We will assess the needs of children and young people with disabilities who also have needs for additional support because of the impact of their disability. We will then work with parents and carers to implement a plan aimed at meeting identified needs.

These plans can take many forms such as a "Child in Need Plan", a "Child Protection Plan" a "Child Looked After Plan" or following the outcome of assessment we may make recommendations to refer for an "Education, Health and Care Plan Assessment of Need" or a "Continuing Care Plan" provided by our colleagues in NHS Cheshire and Merseyside. We may also make suggestions on how any existing Early Help Plan may be amended to meet need.

For disabled children and young people with an Education, Health and Care Plan, the social care assessment will determine the social care element of that plan, where this is required. We work closely with SEND Team and any Health services about Education, Health and Care planning.

We also work in partnership with others such as voluntary sector organisations, education providers and Adult Social Care to ensure a smooth transition to adulthood for those young people who receive our services.

For those children with high levels of assessed need and associated challenges for them and their families, we are able to provide a range of services including:

- Provision of Direct
- Payments to access a range of support options such as:
 - A personal assistant
 - A budget to directly commission a support agency
- Respite care
- Other creative uses of Direct Payments can be achieved and will be discussed at care planning stage
- Support to access community activities
- Provision of care for children and young people who cannot be cared for in their own families
- Transport
- Carer's assessments
- Helping young people with the transition into adulthood
- Personal care and behaviour support for families experiencing difficulties managing their child's care and behaviour in the home
- Short break overnight provision for children and young people with acute levels of need

The support options available are not definitive and change over time, and based on need, so options will be discussed at support planning stage. Any support plan is subject to review and may change.

Our aim is to ensure that all children and young people with a disability have appropriate access to mainstream services such as education, primary health, mental health care, after school activities, and holiday play schemes.

Where a child, young person or family requests an assessment, this is carried out by talking and listening to them and gathering information, with consent, from professionals who know the child or young person, such as GP, school and health visitor. The assessment will consider the specific needs of parents and other family members in their role as carers however a standalone parent carer assessment can be requested.

For further information on Direct Payments and Personal Health Budgets please speak with your social worker, children's nurse or visit our Information and Advice Provider Knowsley Disability Concern here:



KDC – Disability Support Portal

<https://www.kdc.org.uk>

ADULT SOCIAL CARE SERVICES

Knowsley Adult social care teams will take an active role in the planning and preparation of a young person's transition to adulthood, carrying out an adult social care assessment and/or Mental Capacity Assessment when it would be of significant benefit to do so. Adult social care assessments must consider:

Current needs and how these impact on wellbeing:

- Whether the young person is likely to have needs after they turn 18, regardless of whether the child or individual currently receives any services
- If so, what those needs are likely to be and which are likely to be eligible needs
- The outcomes the young person or carer wishes to achieve in day-to-day life and how care and support (and other aspects) can contribute to achieving them

The assessment should also take the following into account:

- Fluctuating needs
- Empowering the person to be involved
- If the person has "substantial difficulty" (in being involved in the process) and requires an advocate
- Appropriate and proportionate assessments
- Safeguarding
- Strength based/asset based approach to enhance an individual's ability
- Preventing needs
- Integrated assessments

Mental Capacity Act

Transition and Mental Capacity

Young people over compulsory school age have the right to participate in decisions about the provision that is made for them and be consulted about provision in their areas, although there is nothing to stop them asking their parents, or others to help them make the decision.

However, some young people, and possibly some parents, will not have the mental capacity to make certain decisions. Provision is made in the Children and Families Act to deal with this. Under the Act, lacking mental capacity has the same meaning as in the Mental Capacity Act (MCA) 2005.

The right of young people to make a decision is subject to their capacity to do so as set out in the Mental Capacity Act 2005. The underlying principle of the Act is to ensure that those who lack capacity are empowered to make as many decisions for themselves as possible and that any decision made, or action taken on their behalf, is done so in their best interests. Decisions about mental capacity are made on an individual basis, and may vary according to the nature of the decision. Someone who may lack capacity to make a decision in one area of their life may be able to do so in another.

How to get in touch



You can call 0151 443 2600



or write to:
Knowsley Access Team
7th Floor
Municipal Buildings
Archway Road
Huyton L36 9YU

A Care and Support Plan will be produced for any adult who has eligible social care needs and requires support to meet those needs. The plan will be reviewed regularly and involve the Individual, Carers/Family Significant Others

Support information

Live Well

Features more than 3,000 services ranging from residential and nursing homes to small community groups, and everything in-between.



www.thelivewelldirectory.com

Knowsley's Adult Provider Services

Knowsley Adult Provider Service currently provides support and care for young people in transition from the age of eighteen. The service offer includes Respite, Shared Lives Scheme, Supported Living and Day Service and Autism Hubs.

All transitions into Adult Provider services, begin with a sharing of information before an individual support plan is written. Transitions are

a multi-disciplinary and collaborative process with the young person focal to the decisions and plans made. Transitions are taken at the pace set by the young person and their families and reviewed regularly. Information about transitions to adult provider services are show cased at the Annual Autism Pride Event in Knowsley organised by the Day Service and the Moving On events which are organised by Bluebell School and Knowsley Community College.

Respite

This service has two properties providing support, the first unit is Atkinson Grove a four bedroomed bungalow in Huyton. The second property is Lydbury which is in Kirkby, this property is two semi-detached houses that have been converted into one larger five bedroomed property, with one accessible bedroom on the ground floor.

Both of these Respite Units work in partnership with managers and staff at Fullerton Grove the Respite service for Children and Young people with a disability and have been doing so for many years to ensure a smooth transition process for young people and their families in an effort to provide a seamless transition into adult services.

This service is registered with Care Quality Commission and has been rated as Overall GOOD on their last inspections at Lydbury in 2017 and Atkinson in 2020.

Shared Lives

Knowsley Shared Lives service provides short breaks or long term support for people in the homes of Shared Lives carers. The service supports people with a care and support need who are over the age of 18 who would like to stay with or live with a Shared Lives Carer and their family. They recruit and train people in the local community who wish to be approved as Shared Lives Carers. The service then matches people with a care and support need with a suitable Shared Lives carer.



If a young person lives with a Foster carer, has eligible needs under the Care Act and wishes to stay with their carer when they turn 18, their Foster carer would need to be recruited as a Shared Lives Carer. With good planning this usually enables a smooth transition from children's service to Adult services.

This service is dually registered with the Supported Living service with the Care Quality Commission and have been rated as Overall OUTSTANDING on their last inspection in 2019.

Supported Living Service

The Supported Living service specialises in the support of people with complex support needs who have a Learning Disability and/or Autism. The service is able to provide bespoke individualised support and care for individual people in their own homes or within a shared living environment.

All staff are fully trained and take a person-centred approach to planning and delivering each individual's support. This means that we work in a collaborative way with the person, their family and other professionals, we listen to what they want and what matters to them. This approach enables the person to be at the very heart of conversations and decisions about their support, and how it is planned and provided.

This service is dually registered with the Shared Lives Scheme with the Care Quality Commission and have been rated as Overall OUTSTANDING on their last inspection in 2019.

Day Service Community Activity Bases and Autism Hub

Adult Disability Day Service provides daytime leisure and life skills activities for people who have a learning and physical disability, and Autism. The service is based in five localities across Knowsley, they are each unique to the locality and the needs of the people who live in it. Activity Bases are situated in the following locations:

- Halewood
- Huyton
- Stockbridge
- Kirkby

Each base offers a similar variety of activities, and the hours of service are between 8.30am and 4pm Monday to Friday.

The service has previously been through the 'Good to Great' person centred thinking and planning programme with Helen Sanderson Associates and person centred support is at the heart of the service provision. The service also has Autism Accreditation status since 2014, the day service has been commended on its diverse use of 'community and building bases' to support autistic people.

The Autism HUB is located in the centre of the borough at Stockbridge Leisure Centre, the HUB offers a low arousal environment which has enabled young autistic people a place they can self-regulate, de stress and feel safe within this environment. Through the use of bespoke strategies and appropriate communication approaches the service endeavours to remove barriers that can restrict choice and control for autistic people.

PREPARING FOR ADULTHOOD (PFA) ALL CHILDREN

Preparing for adulthood (PFA) starts at the very earliest stage of a child's education. Within the early years setting, children should be supported in understanding themselves, exploring their individual aspirations, hopes and ambitions for their life.

This sense of self-knowledge (ie. understanding your own values, interests, motivators, strengths etc.) starts early in life and is built upon as an individual develops throughout their education, career and beyond. PFA also supports children and young people to work towards their individual aspirations by empowering them to make realistic and individual choices about their futures, by providing them with the appropriate information and skills.

For a child or young person with an Education, Health and Care Plan, the focus of the annual review of their EHC Plan in Year 9 must be centred around the PFA outcomes (though all content of the EHC Plan should be reviewed). At this review, specific consideration should be given to Preparing for Adulthood (PFA).

Settings may want to use the four key indicators of PFA to support their transition planning for young people with SEND. The young person and their parents/carers will then work together with the SEND Case Worker and their educational setting to look at the young person's options following year 11 (including potential courses and qualifications that are on offer), along with any application timescales.

The EHCP should build upon and collate information relating to the young person's ideas and ambitions and also review the 4 national PFA outcomes, namely:

1. Employment and Higher Education
2. Independent living
3. Participation in society
4. Being as healthy as possible in adult life

Once it is in place, progress towards the PFA outcomes should be reviewed at each annual review of the EHCP. The main outcomes and associated provision will be updated in the EHCP as part of the annual review paperwork. The annual review provides an opportunity to focus the ambitions and aspirations of the young person.

When deciding the next stage of education, consideration should be given to attending local provision. This is in line with The SEND Code of Practice: 0 25 years (January 2015) which stipulates the right to mainstream education for all children and young people.

Knowsley Council is committed to considering what additional support can be offered to assist mainstream educational settings in making the "reasonable steps" required by legislation to ensure that young people with SEND are not disadvantaged, and this will be a consideration prior to an agreement for a more specialist placement. In Year 11, final decisions will be made for either 6th forms, colleges or training providers and the EHC Plan will be updated. The local authority will review the potential next placement – this is because local authorities are tasked with using all resources (including financial) as efficiently as possible and avoiding unreasonable public expenditure. Distance from the home address and associated transport costs will also be considered. The local authority is required to update the EHC Plan and name the new education provider by the 31st March in the leaving year. The EHC Plan will be sent to the new education provider and transition arrangements will be discussed prior to the young person starting with their new college or training provider.



TRANSITION GUIDE – WHAT TO EXPECT FROM THE REVIEW

Preparing for Adulthood EHCP Annual Review Process Year 9

Education, Health and Care (EHC) Plan process	Friends, relationships and my community	Good health	Developing independence	Education, training and finding employment
<p>Year 9 Review co-ordinated by the school</p> <p>Ensure that the voice of the young person is heard around their hopes and aspirations for their future</p> <p>Review will be attended by SEN Casework Officer</p> <p>EHC plan is reviewed and new outcomes written in line with the PFA areas</p> <p>Family and young person fact find about post-16 provision</p> <p>Local authority SEND services to update EHC plan. Think about the need for personal budgets or direct payments to support the move into adulthood</p>	<p>Think about young person's friendship group, closest friends and other key people in their school and local community</p> <p>All to think about how these friendships can be kept and developed – using social media and the curriculum</p> <p>Family has access to all the local community facilities and support services that they need</p> <p>Think about any out of school activities the young person does or would like to access</p> <p>Think about how the family can support building friendships</p>	<p>Begin to plan how resources/services will be accessed in adult life eg. equipment, therapies, specialist support, accessing GPs, prescriptions, dentist, opticians</p> <p>Ensure that the curriculum, young person and family are thinking about promoting good diet, exercise and sexual health</p> <p>People with learning difficulties are entitled to an annual health check from age 14 – ask at GP surgery</p>	<p>Start talking about the skills needed for independence in the future</p> <p>Work with the school to think about the curriculum opportunities that might be available to develop independent travel training, budget/ money and domestic skills</p> <p>Family and young person to think how they can develop these at home and during the holidays</p> <p>Explore ideas of where the young person may live and know how to access information about a range of potential housing</p>	<p>Identify long term aspirations and how these relate to subject choices or hobbies</p> <p>Promote idea of paid employment</p> <p>Agree with the young person who will help support them in developing an Action Plan</p> <p>Discuss work placements, work experience, volunteering opportunities with school and family</p>

Preparing for Adulthood EHCP Annual Review Process Year 10

Education, Health and Care (EHC) Plan process	Friends, relationships and my community	Good health	Developing independence	Education, training and finding employment
<p>Year 10 annual review. Review the PFA outcomes</p> <p>Ensure that the voice of the young person is heard around their hopes and aspirations for their future</p> <p>Family and young person to visit post-16 options</p>	<p>Begin to talk about what is important to the young person about friends/social life in the future and how this might be achieved</p> <p>Support the young person to talk about their aspirations and hopes and fears for their future</p> <p>How often is the young person going out or mixing with friends? Is this enough? Is more advice or support needed?</p> <p>Is the family accessing any information, is there support that they may need?</p> <p>Have the pathways been identified for the young person to engage in local community activities?</p>	<p>Health plan is underway and there is input from parents and young people</p> <p>Annual LD health check with GP if eligible</p> <p>Consider carer assessment</p> <p>Encourage greater responsibility over management of health conditions if appropriate</p> <p>Access to school nurse</p> <p>Involvement from Alder Hey's Transition team for those with complex care needs</p>	<p>Ensure skills for travelling as independently as possible are being practised at home and at school</p> <p>Consideration is given to what young people might need for the future ie. accessing college, the community and employment</p> <p>Public transport routes and shared travelling arrangements to be considered</p> <p>Ensure that young people and families are accessing information about potential Housing and accommodation options</p> <p>Has the family been able to come together to discuss this as a group? Are there opportunities to develop innovative approaches to accommodation with social care and housing associations?</p>	<p>Arrange visits to potential Post 16 Providers</p> <p>Invite post-16 providers to review meetings</p> <p>Consider possible progression routes</p> <p>Identify job coaches to support young person into supported employment/ apprenticeships</p> <p>Have clear employment/ volunteering pathways</p> <p>Update Action Plan Identify aims, goals and outcomes for the future ie. learning opportunities, increased independence skills, meeting ongoing care and support needs</p>

Preparing for Adulthood EHCP Annual Review Process Year 11

Education, Health and Care (EHC) Plan process	Friends, relationships and my community	Good health	Developing independence	Education, training and finding employment
<p>EHC plan reviewed, and new outcomes recorded</p> <p>Review will be attended by SEN Casework Officer</p> <p>Review of support in school and in supported employment/ training/ volunteering so that transition to the next stage is smooth</p> <p>Ensure that the voice of the young person is heard around their hopes and aspirations for their future</p> <p>Young person decides on preferred post-16 option – this should have been undertaken and preparations underway prior to the annual review</p> <p>If moving on from school, the Final Amended EHC Plan confirming post-16 placement or type of placement issued by 31 March</p>	<p>Think about how to maintain the friendship groups after school ends – consider the use of social media</p> <p>Support the young person to plan how to keep in touch with others and vice versa</p> <p>Family needs to consider how they are going to develop confidence in allowing their son/daughter to engage in greater independent activities in the community without them</p> <p>Can/does the young person access local services such as sports centres, libraries, cinemas, restaurants, shopping centres, and youth clubs?</p> <p>Does the young person have any other ideas as to what they would like to do?</p>	<p>Young person should be enabled to give their views and will be of a legal age to consent to medical treatment (consider capacity)</p> <p>Ensure young person and family know when they will be discharged from each of the services they use now and who will take over responsibility</p> <p>Ensure young person/ family knows how their health needs will be met</p> <p>Annual LD health check with GP if eligible</p> <p>Plan how services will be accessed in adult life in the development of their lifestyle ie. equipment, therapies, specialist support, diet and exercise, sexual health, dentist, free prescriptions</p>	<p>Think about the link between career plans and housing options to ensure young people consider where they might live when thinking about jobs/ volunteering</p> <p>Ensure young person is travelling independently where possible at all times</p> <p>Where a young person is unable to travel independently, consider support that might be necessary to develop independent travel skills and/or assistance that might be available</p> <p>Think about time spent away from home and how this could help to develop independence</p> <p>Family and young person has information about the range of housing options available</p>	<p>Update Action Plan</p> <p>Review work experience undertaken/plan further opportunities</p> <p>Consider progression route and type of transition support needed</p> <p>Explore how any personal budget or direct payment might be used to support employment aspirations</p> <p>Explore any other funding that might be available to support young people to find and secure employment</p> <p>Ensure that Career Connect is fully involved and plans are in place and understood by the young person and their</p>

Education, Health and Care (EHC) Plan process	Friends, relationships and my community	Good health	Developing independence	Education, training and finding employment
<p>Multi-agency panel involved if request is for a specialist placement at a college</p> <p>Plan move if going to new environment and any adaptations required</p>	<p>Is the family accessing all the information or support they may need?</p> <p>Young people and families understand if they are eligible for short breaks post-18 and what is available</p> <p>Have you thought about personal budgets and direct payments?</p> <p>If young person is educated out of area start thinking about accessing Knowsley services on their return</p>	<p>Access to school nurse</p>	<p>Where appropriate, young person can use money/ cards and transactions with/without support</p> <p>Information about benefits to be fully understood.</p>	



Preparing for Adulthood EHCP Annual Review Process Year 12

Education, Health and Care (EHC) Plan process	Friends, relationships and my community	Good health	Developing independence	Education, training and finding employment
<p>EHC plan reviewed</p> <p>Families and young person discuss potential post 19 options with school/ college, key workers, social care and health workers</p> <p>Adult assessments are taking place to ensure eligibility to appropriate services including adult care packages and informal carers</p> <p>Carers assessment as appropriate and consider transitional arrangements</p> <p>Full information to be available on personal budgets and direct payments</p> <p>Discuss any potential transport arrangements</p>	<p>Talk about the young person's social group, making sure they are able to remain in touch with friends and make arrangements for socialising</p> <p>Is any additional advice or support required to develop or maintain friendships and/ or social life?</p> <p>Is the young person able to:</p> <p>Access local services</p> <p>Travel/get out when they choose, either on their own, with friends or with support?</p> <p>Use a telephone, mobile, email, social networking, public transport, learning to drive, using taxis etc?</p> <p>If not, explore possible solutions</p> <p>Identify out of school/ college activities the young person does or wants to access, including time spent away from home and area</p>	<p>Ensure young person/ family are in control of financial support for keeping healthy</p> <p>Relevant professionals work together and share information/understand how to communicate with the young person</p> <p>Annual health check is in place if eligible</p> <p>Mental Capacity Act to be considered in relation to the specific decisions included in the PfA pathway</p> <p>Continuing health care (adults) assessment – consider whether this is appropriate and agree who is best placed to complete it</p> <p>Identify post 18 support available and pathways for accessing these</p> <p>If educated out of area, plans to be made for accessing Knowsley health services on return</p>	<p>Think about personal budgets and how these might be used to personalise a young person's support</p> <p>All housing options to be clearly articulated to the young person and their family</p> <p>Benefits advice is available and support is in place to access these</p> <p>The young person has travel arrangements in place</p>	<p>Update Action Plan</p> <p>Increase work-related learning or employment in relevant areas</p> <p>Continue to explore all possible options including supported employment, apprenticeships, work based learning, work related learning at college, paid work, self-employment, higher education and volunteering</p>

Preparing for Adulthood EHCP Annual Review Process Year 13 and 14

Education, Health and Care (EHC) Plan process	Friends, relationships and my community	Good health	Developing independence	Education, training and finding employment
<p>EHC plan reviewed</p> <p>Ensure that the voice of the young person is heard around their hopes and aspirations for their future</p> <p>Personalised planning is in place which will consider: The content of any future study programme and how it will enable outcomes to be achieved</p> <p>Which professionals to be involved in future meetings</p> <p>A lead professional who will monitor the delivery of actions</p> <p>Adult Social Care team confirm: Eligibility for support</p> <p>Assessment of needs and indicative budget</p> <p>Care and support</p>	<p>Think about the young person accessing mainstream activities and social settings with or without support. Can the young person access specialist social clubs and activities via the voluntary sector?</p> <p>Is the young person staying in touch with friends – does the young person want to stay in touch with people?</p> <p>Does the family feel supported in letting their son/daughter access local community facilities? If not what are the solutions and who can support?</p>	<p>Think about whether the young person can access health care independently or with support from specialist settings</p> <p>Ensure that the relevant health professionals are in contact with each other If the medical condition is ongoing into adulthood</p> <p>Young person, family and professionals to have knowledge of the Children and Young People's Continuing Care National Framework to see if they are eligible</p> <p>Is the young person living and accessing a healthy lifestyle? Have young people got access to and are able to purchase healthy food?</p> <p>Have they access to supported cooking facilities and support?</p>	<p>Think about personal budgets and how these might be used to personalise a young person's support</p> <p>All housing options to be clearly articulated to the young person and their family</p> <p>Benefits advice is available and support is in place to access these</p> <p>The young person has travel arrangements in place</p>	<p>Update Action Plan</p> <p>Plan to spend progressively more time in work related learning or employment that the young person is interested in</p> <p>Continue to explore all possible options including supported employment apprenticeships, work based learning, work related learning at college, paid work, self-employment, high education and voluntary work</p> <p>Continue to explore the facilities in social care day services or independent day time activities and travel training</p> <p>Explore voluntary opportunities available in the local area</p>

Preparing for Adulthood EHCP Annual Review Process 19-25

Education, Health and Care (EHC) Plan process	Friends, relationships and my community	Good health	Developing independence	Education, training and finding employment
<p>Create care and support The annual review clearly articulates the PfA outcomes highlighted in this section. Particular reference to employment and training</p> <p>Consideration as to whether to cease the EHC plan – this is when the young person is: Accessing higher education Accessing paid work Aged 18 or over and has left education and no longer wishes to engage in further learning Leaving the local authority and moving to another area. The young person can appeal if they disagree with the local authority's decision</p>	<p>How are personal budgets and direct payments being used? Ensure family is accessing any information or support they need, including carer's assessments to explore their own needs Ensure that the Local Offer informs the young person and family of all the information that is available Transition to Adult Care and Support Services if eligible Is the young person able to: Access local services? Travel/get out when they choose either on their own with friends or with support? Use telephone, mobile, email, social networking public transport, learning to drive etc? If not, explore possible solutions</p>	<p>Annual LD health check with GP if eligible Access to school nurse via Mersey Care NHS Trust Have young people got access to and are able to purchase healthy food? Have they access to supported cooking facilities and support? Refer to Merseycare Learning Disability or ASD/Aspergers Service at age 18 if required</p>		

Education, Health and Care (EHC) Plan process	Friends, relationships and my community	Good health	Developing independence	Education, training and finding employment
<p>EHC Plan reviewed. Ensure that all the services are actively involved in the annual review process If EHC plan continues, an annual review needs to be updated by college staff for the college setting, and by the provider for training programme or supported apprenticeship/traineeships If the EHC plan is ceased, sufficient exit plan arrangements are in place to secure appropriate provision and outcomes The EHC plan will cease where the young person moves onto higher education, paid work, volunteering or social care services (without education)</p>	<p>Ensure the young person's social group is being maintained make sure they are able to remain in touch with friends and make arrangements for socialising Check if there is any additional advice or support required to develop or maintain friendships Continue to review the young person is developing skills to access local services, focusing on local travel and communication Ensure the family has information about support they can access including carer's assessment to review needs Review the young person's access to social media and update/support as necessary</p>	<p>Annual health check via GP if eligible Ensure that the young person knows how to keep healthy and has access to healthy food Ensure that the young person/family are in control of any financial support for keeping healthy If the young person is educated out of the area, plans about accessing Knowsley's health services on their return should be made The young person may rely on family for good access to health care – ensure that the family has the appropriate support</p>	<p>The young person may live at home, independently or in supported living setting and receiving housing benefits. Young person and family need to be aware of the various options and are supported by the relevant professionals Some may live in college or residential care setting – it is essential that the young person and family is able to access information about potential options with the Local Offer being the starting point Ensure that there is access to an advocate for the young person to aid greater independence, if there is a need The young person may rely on family for good access to health care – ensure that the family has the appropriate support</p>	<p>Update Action Plan Continue to explore all possible options including supported employment, apprenticeships, work based learning, learning at a college or work based learning, paid work, self-employment, higher education and volunteering Consider support required for young person to access services via Job Centre Plus eg. disability employment advisor and Access to Work</p>

Education, Health and Care (EHC) Plan process	Friends, relationships and my community	Good health	Developing independence	Education, training and finding employment
Where a young person has an EHC plan and leaves education but then decides they wish to return (and are still under 25 years) the local authority will consider whether the previous EHC plan should be revived and renewed. It is possible, however, that the young person will have to go through the full EHC needs assessment if there have been significant changes	Investigate any specialist social groups/youth groups that the young person may want to attend		Steps in place to encourage more independence	

Key People/Services

The responsible person for completing key actions will be agreed and documented within the outcomes section of the review and added into the EHCP.

Below is a list of key people or services who may be given actions in respect of helping to achieve PFA outcomes.

Education, Health and Care (EHC) Plan process	Friends, relationships and my community	Good health	Developing independence	Education, training and finding employment
Responsibility: School/College/lead professional and the SENCO to arrange Annual Review Adult Social Care/Early Help Local authority SEND Casework Officer Parents/carers/young person	Responsibility: School/College Social care/Early Help/Aiming High Parents/carers/young person Transitions Co-ordinators Health lead/Parents/carers/young person Adult social care will start their involvement for young people with social care needs	Responsibility: GP School/College School nurse Parents/carers/young person Targeted/Specialist Services eg. Community Paediatrics CAMHS Community OT Physiotherapy Speech & Language etc Social care Health transition lead	Responsibility: School/College/lead professional Social Care/Early Help Local authority to ensure that all the information is on the Local Offer and easily available Parents/carers/young person Travel Training Knowsley Welfare Rights Advice Service Transition Coordinators Adult social care will start their involvement for young people with social care needs	Responsibility: School/College Careers advisers Career Connect/post-16 providers Parents/carers/young person Employers Voluntary groups

ROADMAP OF QUESTIONS FOR STUDENTS TO ASK

Who will be able to help?
What do I want to do in the future?
During Year 9 at school: I need to think about my goals for the future and what I need to achieve them. Which services need to be involved?
Do I need a benefits check?
Who needs to attend review meetings or send reports. Do I want to attend or do I want to send a person with my views or do I want to send in a report?
Do I need a continuing health care assessment?
Reviews and those involved will use person centred tools such as a one-page profile.
Annual GP health check for young people with a Learning Disability aged 14+.

This could be your final year in School. I will have new rights at the end of year 11. I can make some decisions.
Do I want to stay at school or go to college?
What job I want?
What skills do I need?
How can I be independent?
What support will I have when I am an adult?
Do I need to be referred to adult social care via Knowsley's transition process?
Annual GP health check for young people with a Learning Disability.

If I have care and support needs, have I been allocated an adult social worker and is my social care assessment underway?
Do I need to be referred to the Merseycare Learning Disability Service? (health)
Do I need to be referred to the Merseycare ASD/Aspergers Service? (health)

At 18 I am an adult.
I may choose a higher education or employment pathway for entitlements.
I can use community services to build relationships.
If I have care and support needs, I should now be supported by adult social care and have appropriate support services in place.
Annual GP health check for young people with a Learning Disability.

For my next review I need to plan who I want to attend, do I want to attend or do I want to send a person with my views or do I want to send in a report. I need to think how I want to make my views known:
What is working?
Have my goals changed?
What needs to happen?
Who needs to help?
Do I need a benefits check?
Which providers do I need to visit?
Annual GP health check for young people with a Learning Disability.
What support do I need to make sure I keep getting support for any ongoing long term health needs when I get older?
Do I know how to access my GP?

At my next review, update actions.
If I have care and support needs, have I been allocated an adult social worker and is my social care assessment underway?
Annual GP health check for young people with a Learning Disability.

What might things look like at this age:
• I have friends
• I am independent
• I have good health
• I am in employment or training or education
• If I have social care needs and have left education, I should have suitable support in place
• Annual GP health check for young people with a Learning Disability
What things may an employer need to know to support me?


KNOWSLEY'S SPECIAL EDUCATIONAL NEEDS AND/OR DISABILITY (SEND) LOCAL OFFER

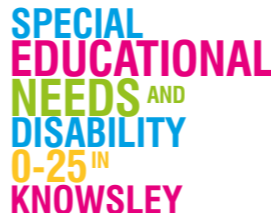
What is the Local Offer?

The Local Offer provides clear and accessible information about the provision Knowsley local area expects to be available locally for our children and young people from 0 to 25 who have special educational needs and/or disability (SEND).

The Local Offer helps you to understand what services you can expect from a range of local agencies, including your statutory entitlements, eligibility and referral criteria.

The Local Offer also makes clear what is available from early years settings, schools (including Academies and Free Schools), colleges and other services including those from health and social care.

 Click here to visit Knowsley's Local Offer Knowsley Local Offer (SEND) | Knowsley Family Information Service (knowsleyinfo.co.uk)




Short Breaks

Our commissioned short breaks service aims to give parents or carers of a child or young person with a disability a break from their caring role, whilst enabling the child or young person to join in with fun activities that they could not ordinarily enjoy. This includes sports, dance, drama, music, arts-based activities, video games, sensory based play, visits from external practitioners, relaxation/wellbeing-based activities etc.

- The service is eligible to children and young people:
- Aged 4-19 years old (those aged 20+ may request an assessment of need through Adult Social Care to establish any entitlement to short breaks outside the commissioned offer)
 - Reside in Knowsley
 - Have a diagnosed disability or additional need

In order to access Knowsley's Targeted Short Break Service, children/young people can be referred directly by their parent carer or by a professional involved with the young person/family via the contact details below:

 Early Help Children with Disabilities Team – Short Breaks Support Officer on 07775 014 914

 or email shortbreaks@knowsley.gov.uk

Providers	Who	When	Where	Costs
Endorphins Group (Term time weekends)	11-14 year olds 15-19 year olds	Saturdays 10am – 1pm 1.30pm – 4.30pm	Purple Hub Longview Lane Huyton, L36 7LN	£4 per session
Endorphins Group (School Holidays)	4-7 year olds 8-11 year olds 11-14 year olds 15-19 year olds	10am – 4pm	Purple Hub Longview Lane Huyton, L36 7LN Volair Kirkby Leisure Centre Cherryfield Drive Kirkby, L32 8SA	£8 per session
Merseyside Youth Association (MYA) (Term time weekends)	4-7 year olds 8-11 year olds 11-14 year olds 15-19 year olds	Sundays 10am – 1pm 1pm – 4pm	Hilltop Childrens Centre Bedford Close Huyton, L36 1XH Star Childrens Centre St Andrew's View, Tower Hill Kirkby, L33 1ZF	£4 per session
Merseyside Youth Association (MYA) (School Holidays)	4-7 year olds 8-11 year olds 11-14 year olds 15-19 year olds	10am – 4pm	Bluebell Park School Cawthorne Walk Liverpool, L32 3XP Stockbridge Leisure Centre Stockbridge Village, L28 1AB Southmead Childrens Centre Sherwood Drive Prescot, L35 3ZX	£8 per session

Volair: Swimming Lessons for Children with Disabilities

The Swimming Lessons service contributes to Knowsley's Targeted Short Breaks Services and enhances the overall offer to families in the borough.

The service delivers fun swimming lessons for children with disabilities; including structured outcomes, stages and awards.

The service is eligible to children and young people:


- Aged 4 – 19 years old
- Reside in Knowsley
- Have a diagnosed disability or additional need.


Providers	Who	When	Where	Costs
Volair (Term time)	4-19 year olds	Wednesday 6pm – 7pm Friday 6pm – 7pm Saturday 1pm – 2pm 2pm – 3pm	The Withens Stockbridge Village, L28 1AB	£5 per session* *If the parent carer is entitled to a Passport to Leisure this reduces the cost to £3.50 Concessionary Memberships at Volair - Passport to Leisure Explained : Volair



Parents/Guardians are expected to be in attendance at the session throughout the duration of their child's lesson.

In order to access this service, children/young people can be referred directly by their parent carer or by a professional involved with the young person/family via the contact details below:

 Early Help Children with Disabilities Team – Short Breaks Support Officer on 07775 014 914

 or email shortbreaks@knowsley.gov.uk


Knowsley Short Break Fund


We recognise that some families might prefer to arrange their own service for greater flexibility and choice of activities that may be suited to their child and family's needs. That's why we have developed the Short Breaks Fund that can be provided instead of a service delivered via Knowsley Metropolitan Borough Council's commissioned Short Breaks services.

The Short Breaks Fund is a one-off payment of £250 or £500 (dependent of level of need), which will be reviewed annually as part of the Short Breaks offer.

The payments are for families who have a child aged 0-25 with a disability and have completed the appropriate referral form with the Short Breaks Support Officer, **are not** accessing a commissioned short breaks service and **are not** in receipt of any other Health or Social Care direct payment.*

To make a request, please contact the

 Short Breaks Support Officer
shortbreaks@knowsley.gov.uk

 or phone 07775 014 914

* If you are in receipt of a Health or Social Care direct payment and are not receiving a short break or respite, please contact your social worker/ Nurse Assessor to discuss this in the first instance.

Small Grants

Each year, Knowsley also delivers the Short Breaks Small Grants Programme that provides support to organisations working to improve the lives of disabled children and their families in Knowsley. Grants are available for up to a maximum of £5,000 to help local projects get up and running and enhance the Knowsley Short Breaks offer for children with disabilities and their families. Details of successful grant recipients and their projects can be found on the Local Offer:

 www.knowsleyinfo.co.uk


Access to Short Breaks and support for children with a disability will always be dependent upon need, and a graduated response given (step-up and step-down). Families will move up and down the pathway in terms of their level of need, and the support offered will reflect this step-up and step-down approach.

Children may not need to have a diagnosis to access the provision available at the 'targeted' level if they are on a diagnosis pathway and/or families can evidence that they have tried to access mainstream activities in the community unsuccessfully. Also, children and families who are deemed to have a high level of need may also be able to access our targeted short breaks.




Knowsley Carers Centre Services

Provides Free advice and guidance, emotional and practical support, training and a range of holistic Therapies for unpaid carers living in Knowsley.

 For more information please visit our website
Knowsley Carers Centre

 enquiries@knowsleycarers.co.uk

 or call 0151 549 1412


Carer's Assessment

A Carer's Assessment looks at the different ways a caring role affects the life of an unpaid adult carer. The assessment records how you are feeling about caring and how this affects your physical, mental and emotional wellbeing.



Financial Information

For information on how to open a bank account the following website may prove useful.

 www.citizensadvice.org.uk/debt-and-money/banking/getting-a-bank-account/#how_to_open_an_account

Carers Allowance

You may be eligible for Carers Allowance if you, the person you care for and the type of care you provide meets certain criteria.

The person you care for

The person you care for must already get one of these benefits:

- Personal Independence Payment – daily living component
- Disability Living Allowance – the middle or highest care rate

If someone else also cares for the same person as you, only one of you can claim Carer's Allowance.

The type of care you provide

You need to spend at least 35 hours a week caring for someone. This can include:

- helping with washing and cooking
- taking the person you care for to a doctor's appointment
- helping with household tasks, like managing bills and shopping

 <https://www.gov.uk/browse/disabilities/carers>

Benefits & Financial Help

 <https://www.gov.uk/browse/disabilities/benefits>

Personal Independent Payment (PIP)

You can get PIP whether you're working or not.

You must be aged 16 or over, you must also have a health condition or disability where you:

- have had difficulties with daily living or getting around (or both) for 3 months
- expect these difficulties to continue for at least 9 months

You usually need to have lived in England, Scotland or Wales for at least 2 of the last 3 years and be in one of these countries when you apply. If you've recently returned from living in an European Economic Area (EEA) country, you might be able to get PIP sooner.


 <https://www.gov.uk/pip/eligibility>

Citizens Advice Knowsley


The aims of Citizens Advice Knowsley are to provide advice people need for the problems they face and to improve the policies and practices that affect people's lives.

The service we provide is free, independent, confidential and impartial. We value diversity, promote equality and challenge discrimination.

Citizens Advice Knowsley


 Adviceline
Monday to Friday, 9.30am – 4.30pm
0808 278 7839

Help to Claim Universal Credit Telephone Line

 If you need support to make your online Universal Credit claim call 0800 144 8 444, Monday to Friday, 8am – 6pm


Money/debt advice line


If you need money advice leave a message with our Money Advice Team and we'll call you back within 48 hours. Please leave your name and telephone number and brief details of the problem you would like to talk to us about.


 0151 318 6407


Department of Work and Pensions (DWP)

DWP is a government agency supporting people of working age from welfare into work, and helping employers to fill their vacancies. Visit our website to find out more about our services, including programmes to help jobseekers, unemployed people, particularly long-term unemployed people, people with disabilities and others who may need extra help in finding work. DWP also provides advice on how to make a claim for benefit and who to contact about an existing enquiry claim.

 New benefit claims, Monday to Friday, 8am – 6pm
0800 055 6688

 Repeat benefit claims, Monday to Friday, 8am – 6pm
0800 169 0310

 Universal credit, Monday to Friday, 8am – 6pm
0800 328 5644

 0800 055 6688

 www.gov.uk/government/organisations/department-for-work-pensions



ADVICE ON HOW TO STAY SAFE

Keeping safe when you are out and about

- ✓ **Do** plan your journey, so you know how to get where you are going
- ✓ **Do** tell someone you trust where you are going and when, so they can find you if you are not safe
- ✓ **Do** keep to busy and well-lit areas
- ✓ **Do** have a plan if you need help or something goes wrong
- ✓ **Do** ask a friend/carer or family member to help you plan
- ✓ **Do** trust how you are feeling, if you don't feel safe, go to a safe place or ask for help
- ✗ **Don't** look scary or threatening. People may think you are looking for a fight
- ✗ **Don't** show people your phone or money, keep them hidden
- ✗ **Don't** carry a weapon. You may get hurt or be arrested by the police

What if something happens to you while you are out and about?

- ✓ **Do** keep your head down and avoid eye contact if a stranger is shouting at you or saying nasty things to you
- ✓ **Do** walk away quickly to the nearest safe place as soon as you can
- ✓ **Do** give someone what they want if they try to steal from you. Your safety is more important than what they want
- ✓ **Do** phone the police as soon as you can or go the nearest police station to report what has happened
- ✓ **Do** try and remember what happened, where it happened and when it happened so you can tell the police
- ✓ **Do** try to remember what the person or people looked like and what they were wearing so you can tell the police
- ✓ **Do** contact your bank to cancel your bank cards if they have been taken
- ✓ **Do** ask for help if you are feeling worried or concerned
- ✗ **Don't** panic, take deep breaths and stay calm. This will help you to think clearly
- ✗ **Don't** let this stop you from enjoying your life
- ✗ **Don't** try to act scary or fight back
- ✗ **Don't** keep it to yourself, a crime should be reported to the police
- ✗ **Don't** look for the people who did it, leave this to the police

What is Mate Crime?

Mate crime is when someone says they are your friend, but they do things that take advantage of you, like ask you for money a lot. A real friend does not need to be bought, and someone who hurts you, takes your money, asks you to pay for lots of things, or makes you feel uncomfortable is not a true friend.

How to Keep Safe from Mate Crime

- ✓ **Do** take time to get to know people before you trust them. Always meet new people in public places
- ✓ **Do** trust how you are feeling, if you think something is not right, walk away
- ✓ **Do** ask them to stop, if they are doing something you don't want them to do
- ✓ **Do** speak to someone else you trust and share what has happened
- ✓ **Do** phone the police as soon as you can or go to the nearest police station to report what has happened
- ✓ **Do** try and remember what happened, where it happened and when it happened so you can tell the police
- ✓ **Do** ask for support from family, friends or neighbours for help to stop this happening again
- ✓ **Do** think about making your house or flat safe
- ✓ **Do** change the door locks and change your phone number
- ✗ **Don't** keep it to yourself. A real friend would not treat you like this
- ✗ **Don't** let people try to tell you what they are doing is ok. If it feels wrong, you should say no

- ✗ **Don't** fight back or get into an argument
- ✗ **Don't** try to make new friends by being generous
- ✗ **Don't** give people money and don't let them use your house. Real friends would not ask you to do this
- ✗ **Don't** try and get back at the person. Let the police deal with it
- ✗ **Don't** feel that it is your fault
- ✗ **Don't** trust that person again. Even if they say they are sorry, and they say they will change

What to do when someone is threatening you at home

- ✓ **Do** phone the police if someone is making you feel unsafe
- ✓ **Do** ask people to leave if you don't want them in your home
- ✓ **Do** ask family, friends or neighbours to help you
- ✓ **Do** lock your doors and stay safe inside until help arrives
- ✗ **Don't** keep it to yourself
- ✗ **Don't** talk to anyone who makes you feel unsafe
- ✗ **Don't** threaten them as you could get into trouble

Assistive Technology

There is a range of technology which can support people of any age to live independently. Most of the equipment can be monitored by a 24/7 alarm receiving centre which can provide support if an emergency occurs.


Examples of the available technology include:

- Smoke and Carbon Monoxide sensors for use at home to help with the safe use of gas appliances such as cookers and fires
- Bogus Caller buttons to help with security if unwanted visitors come to your front door. The 24/7 centre can listen into the conversation and take any urgent action which may be needed
- RING doorbells which link to a smartphone to show who may be coming to the front door
- Wellbeing sensors which are placed around your home to show family or friends via their smartphones that everything is ok with you
- To help you if something upsets your daily schedule the Brain In Hand smartphone App can be used to store your coping strategies
- For people who have Tonic-Clonic epilepsy there is a Smartwatch which uses AI to learn about you and send a warning if you are about to have a fit so you can take precautionary measures
- If you have a strict medication regime there is a remote support service available which works through an internet connection so a pharmacist can watch you take your medication and provide other support too if required

Autism Card

Merseyside Police and Merseyside Fire and Rescue Service (MFRS) have collaborated with the Cheshire Autism Practical Support (ChAPS) and Autism Together charities to launch the Autism Attention Card.

This initiative helps people with Autism Spectrum Condition to receive appropriate support in an emergency situation and provides training for staff to engage more effectively with people with hidden vulnerabilities.

 To apply for the card visit:
www.cheshireautism.org.uk/news/attention-card



USEFUL RESOURCES AND INFORMATION

Knowsley SEND (Special Educational Needs and Disabilities) Local Offer Website



Knowsley Local Offer (SEND) | Knowsley Family Information Service
<https://www.knowsleyinfo.co.uk/categories/knowsley-local-offer-send>

Click on the link below to view the Preparing for Adulthood Useful Resources and information Local Offer page.



Local Offer (16-25 year olds) – Becoming an Adult | Knowsley Family Information Service <https://www.knowsleyinfo.co.uk/categories/local-offer-16-25-year-olds-becoming-adult>

Knowsley Council's Website



Welcome to [Knowsley.gov.uk](https://www.knowsley.gov.uk) | Knowsley Council

16-19 Bursary Fund

A bursary to help with education-related costs for people aged 16-19 and studying at a publicly funded school or college in England (not a university) or on a training course, including unpaid work experience.



www.gov.uk/1619-bursary-fund

Access to Work

A grant that can pay for practical support for people with a disability or health/mental health conditions to help them start working, stay in work, move into self-employment or start a business.



www.gov.uk/access-to-work

British Association for Supported Employment (BASE)



Supports, promotes and develops supported learning opportunities for people with disabilities.



www.base-uk.org

KAGS (Knowsley Advice and Guidance Service)

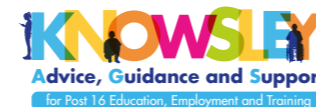
Provides advice and support for young people up to 25 with SEND needs on finding appropriate education, employment and training and commissioning programmes to support young people to manage with the next stage.



Get help and advice if you are in Year 11 | Knowsley Council
<https://www.knowsley.gov.uk/residents/education-and-schools/targeted-advice-and-guidance>



0151 443 2898



Knowsley Works



Knowsley works supporting people of all ages into Employment. They also run a positive inclusion programme to support young people and adults into work who may need more intensive support.



Huyton – 0151 443 5010
Kirkby – 0151 443 4780
Halewood – 0151 443 2040



Help with finding work | Knowsley Council
<https://www.knowsley.gov.uk/jobs/help-with-finding-work>

Career Connect

Career Connect is Knowsley's commissioned NEET Reduction Service Provider and will work to provide Information, Advice and Guidance for young people with additional needs. You can contact them through KAGS above.



careerconnect.org.uk

Natspec

Is the membership association for organisations which offer specialist further education and training for students with learning difficulties and/or disabilities.



natspec.org.uk

Prince's Trust

Is a charitable organisation that can help young people with the skills, tools and training to develop self-confidence and move forward to employment. There are a range of courses across the capital.



www.princes-trust.org.uk/help-for-young-people

Preparing for Adulthood (PfA) Guide

Provides advice for young people and their families relating to the key PfA themes: Community, Health, Independent Living and Employment.



www.preparingforadulthood.org.uk

Supported Internships

Enable young people with Education, Health and Care Plans to undertake real life work opportunities assisted by a Job Coach. The aim of the programme is that the young person progresses to paid employment on completion.

Welfare Rights Advisory Service (Knowsley Council)

To ensure that people claim their full entitlement to benefits Knowsley Council provide a Welfare Rights Team consisting of a number of trained advisers. The team are able to provide advice and guidance for people who live or work in Knowsley across the entire range of Welfare Benefits.

We also provide advice sessions, appointments can be made by ringing the telephone advice line.

We can provide assistance with the following:

- Advice on claiming appropriate benefits
- Help to complete benefit claim forms
- Advice regarding back to work benefits and better off calculations



For more information or to book a face to face appointment call 0151 443 4045

Access to work

Access to Work is a publicly funded employment support programme that aims to help more disabled people start or stay in work. It can provide practical and financial support if you have a disability or long term physical or mental health condition.

An Access to Work grant can pay for practical support to help you:

- start working
- stay in work
- move into self-employment or start a business

You'll be offered support based on your needs. This may include a grant to help cover the costs of practical support in the workplace, or getting to and from work.

How much you get depends on your circumstances. The money does not have to be paid back and will not affect your other benefits.



www.gov.uk/access-to-work/what-youll-get

Help if you're a Student with a Learning Difficulty, Health Problem or Disability

What Disabled Students' Allowances (DSAs) can pay for

You could get help with the costs of:

- specialist equipment, for example a computer if you need one because of your disability
- non-medical helpers
- extra travel because of your disability
- other disability-related costs of studying

You may get a new computer if you do not already have one, or your current one does not meet your study needs. More information will be provided to you if you're assessed as needing a new computer.

You'll need to pay the first £200, which is the minimum cost that any student is likely to incur when buying a computer.

DSA's do not cover disability-related costs you'd have if you were not attending a course, or costs that any student might have.

Your needs assessment

When you apply for student finance, there is a box to tick to state you have a disability, if ticked, Student Finance England will then ask for more information and consider your eligibility. Once your eligibility for DSA is confirmed, you should be sent a DS1 letter which provides information on how to book a needs assessment. This letter may be sent as an attachment on an email.

Once your eligibility for DSAs is confirmed, Student Finance England may ask you to contact an assessment centre to work out what help you need.

This is known as a needs assessment. Do not book this until Student Finance England asks you to.

The assessment is paid for through any DSAs entitlement you may have.

After the assessment, you'll get a report listing equipment and other support you can get for your course.

Do not buy any equipment until you've been assessed – you will not be reimbursed for it.

How DSAs are paid

Money is paid either into your bank account or directly to the organisation providing the service or equipment.

1. What you'll get
2. Eligibility
3. How to apply
4. Further information

What you'll get

You can apply for Disabled Students' Allowances (DSAs) to cover some of the extra costs you have because of a mental health problem, long term illness or any other disability.

You can get the allowances on top of your other student finance. You will not need to repay DSAs.

If you're a part-time student your 'course intensity' can affect how much you get.

How much you get depends on your individual needs – not your household income.

If your circumstances change

Contact Student Finance England if your circumstances change as this may affect what you're entitled to. For example, if your condition gets worse you may be able to get extra help.

Appeals

You can ask for an explanation or to have your case reviewed if your application is turned down. Contact Student Finance England for more details.

If you need any advice or support, please contact the disability adviser at your university or college.

Impartial Information, Advice & Support Service

SENDIASS – Information, Advice and Support Service

Provide free, confidential, impartial information, advice and support about matters relating to SEN or disabilities (SEND), this includes matters relating to health and social care. They provide support for parents, carers, children and young people up to 25 years with matters relating to SEND. They can support at meetings, contribute towards assessments and reviews, help on gathering and understanding information and applying it to the child's unique situation.



You can contact Knowsley's Information, Advice and Support Service by telephone 0800 012 9066 Option 2 for Knowsley



or email liverpoolandknowsleysend@wired.me.uk

We are an all year round service that works flexibly to suit the families that we support, we have flexible working patterns and work between the hours of 8.30am and 6pm.

Independent Provider of Special Education Advice (IPSEA)



If you require information or advice regarding any educational issue that is the result of a child's special educational needs or disability (SEND), please book an appointment to speak with one of our volunteers. Our website has a wealth of legal advice and resources where you may also find the information you require, visit our get support page for further information.



Book an Appointment via <https://www.ipsea.org.uk/Pages/Category/service-overview>



Independent Provider of Special Education Advice (IPSEA)
24-26 Gold Street
Saffron Walden
Essex
CB10 1EJ



01799 582 030 (Monday to Friday, 9am – 5pm)



www.ipsea.org.uk

YOUR JOURNEY INTO ADULTHOOD

Helping Young People Moving onto Adulthood

Transition into adulthood does not start just at Year 9 when the young person is 13 years old, it can start at an earlier age. Children develop at different speeds. For some young people, areas identified for action in early childhood may continue to be the outcomes that they are progressing towards as they get older. Therefore, it is important that for each new age/stage, the young person continues to develop and build on the previous ones.




PERSON-CENTRED REVIEWS

All reviews, meetings/plans and decisions, whether they are to do with transition or not, should be person-centred and have the young person at the heart. There are a number of person-centred tools that can be completed by parent and young people, one good example is 'One Page profile'.

Young people can complete an 'all about me' workbook before their review. If this is completed before the review it hopefully will ensure that the young person has had time to think about what they want for their future and the support, they feel they may need. It can be shared with those attending or giving information to any meetings that are taking place regarding the young person and ensure the views of the young person are taken in to account. There is also a similar booklet that parents can complete before the review meeting.

There are lots of examples of Person Centred Review documents please visit Helen Sanderson Website.

 For further information visit <https://helensandersonassociates.co.uk/>

Or the Preparation for Adulthood Website

 Preparing for Adulthood | PfA | Home Page <https://www.ndti.org.uk/resources/preparing-for-adulthood-all-tools-resources>



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2. Select a Printer and number of Copies to print
3. (Optional) Click Properties to open the Printer properties. For more information, see your printer documentation
4. Under Pages to Print, select an option:
 - All – prints all pages in the PDF
 - Current page – prints the current page in the PDF
 - Pages – specifies a subset of pages to print. You can enter individual page numbers, a range, or a combination.
For example: 1, 6-18, 33, 98
 - More options – specifies additional options such as even or odd pages, and reverse pages
5. If necessary, click Page Setup to change the paper size, paper source, or orientation
6. Click Print



For any problems printing, please visit the Adobe Acrobat PDF printing troubleshooting page:
<https://helpx.adobe.com/uk/acrobat/kb/troubleshoot-pdf-printing-acrobat-reader.html>





Knowsley
**CHILDREN &
FAMILIES**
Board