



Two choice menu

Many of the options available can be adapted to suit various diets; should your child have any dietary needs please contact your school and our Kitchen Team will be happy to accommodate. (V) denotes vegetarian option or vegetarian version available.

April 2023

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May 2023

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June 2023

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

July 2023

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

August 2023

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September 2023

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Monday

Week one

Meatballs & Spaghetti in Tomato Sauce (V)
 Cheese (V)/Tuna/Beans (V)/Coleslaw (V) Jacket Potato
 Frozen Yoghurt
 Yoghurt - Selection of Flavours
 Fruit

Contains: Cereals containing gluten, eggs, fish, milk, mustard, wheat
 May contain: Rye, oats, soya

Tuesday

Chicken Tikka Masala with Rice (V)
 Cheese (V)/Tuna/Ham/Egg (V) Filled Roll
 Tomato & Basil Soup (V)
 Cookie
 Selection of Flavours
 Fruit

Contains: Barley, celery, cereals containing gluten, barley, eggs, fish, milk, mustard, oats, rye, soya, wheat

Wednesday

BBQ Chicken Wrap with Mash & Sweetcorn (V)
 Cheese (V)/Tuna/Beans (V)/Coleslaw (V) Jacket Potato
 Chocolate Mousse Break with Mandarin Segments
 Yoghurt - Selection of Flavours
 Fruit

Contains: Cereals containing gluten, eggs, fish, milk, mustard, wheat
 May contain: Celery, oats, rye, soya

Thursday

Roast Beef, Roast Potatoes, Carrots, Yorkshire Pudding & Gravy (V)
 Cheese (V)/Tuna/Ham/Egg (V) Filled Panini
 Cream of Chicken Soup
 Fruit Muffin
 Yoghurt - Selection of Flavours
 Fruit

Contains: Celery, cereals containing gluten, celery, eggs, fish, milk, mustard, oats, rye, soya, wheat

Friday

Fish Fingers, Chips & Peas (mushy or garden) (V)
 Cheese (V)/Tuna/Beans (V)/Coleslaw (V) Jacket Potato
 Banana & Custard
 Yoghurt - Selection of Flavours
 Fruit

Contains: Cereals containing gluten, eggs, fish, milk, soya, wheat
 May contain: Crustaceans, molluscs, oats, rye

Week two

Salmon Fish Fingers, Sweet Potato Mash & Beans (V)
 Cheese (V)/Tuna/Beans (V)/Coleslaw (V) Jacket Potato
 Lolly Ice
 Yoghurt - Selection of Flavours
 Fruit

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya, wheat
 May contain: Oats, rye

All Day Breakfast - Scrambled Egg, Bacon, Sausage, Hash Brown & Beans (V)
 Cheese (V)/Tuna/Ham/Egg (V) Filled Roll
 Tomato & Basil Soup (V)
 Fruit Flapjack
 Yoghurt - Selection of Flavours
 Fruit

Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat
 May contain: Oats, lupin, rye

Chicken Fajitas with Mexican Rice & Salad (V)
 Cheese (V)/Tuna/Beans (V)/Coleslaw (V) Jacket Potato
 Strawberry Mousse Brea with Mixed Berries
 Yoghurt - Selection of Flavours
 Fruit

Contains: Cereals containing gluten, eggs, fish, milk, mustard, wheat
 May contain: Oats, rye

Roast Pork, Mash, Seasonal Veg & Gravy (V)
 Cheese (V)/Tuna/Ham/Egg (V) Filled Panini
 Cream of Chicken Soup
 Jelly & Fruit
 Yoghurt - Selection of Flavours
 Fruit

Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat
 May contain: Barley, oats, rye

Harry Ramsden's Fish Fillet, Chips & Peas (mushy or garden) (V)
 Cheese (V)/Tuna/Beans (V)/Coleslaw (V) Jacket Potato
 Fruit Sponge & Ice Cream
 Yoghurt - Selection of Flavours
 Fruit

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya, wheat. May contain: Crustaceans, molluscs, oats, rye, sulphur dioxide & sulphites

Week three

Poshdog on a Finger Roll with Crisscuts & Beans (V)
 Cheese (V)/Tuna/Beans (V)/Coleslaw (V) Jacket Potato
 Strawberry Mousse Break with Strawberries
 Yoghurt - Selection of Flavours
 Fruit

Contains: Barley, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat
 May contain: Oats, rye

Spaghetti Bolognese with Garlic Bread (V)
 Cheese (V)/Tuna/Ham/Egg (V) Filled Roll
 Tomato & Basil Soup (V)
 Frozen Toffee Yoghurt with Banana
 Yoghurt - Selection of Flavours
 Fruit

Allergens (contains): Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat
 Allergens (may contain): Oats, rye

Chicken Korma with Rice (V)
 Cheese (V)/Tuna/Beans (V)/Coleslaw (V) Jacket Potato
 Chocolate Mousse Break with Banana
 Yoghurt - Selection of Flavours
 Fruit

Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat
 May contain: Oats, rye

Roast Chicken, Mash, Stuffing, Seasonal Veg & Gravy (V)
 Cheese (V)/Tuna/Ham/Egg (V) Filled Panini
 Leek & Potato Soup (V)
 Butterfly Cake
 Yoghurt - Selection of Flavours
 Fruit

Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, sulphur & sulphites, wheat. May contain: Oats, rye

Harry Ramsden's Fish Fillet, Chips & Peas (mushy or garden) (V)
 Cheese (V)/Tuna/Beans (V)/Coleslaw (V) Jacket Potato
 Cookie & Milkshake
 Yoghurt - Selection of Flavours
 Fruit

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya, wheat. May contain: Crustaceans, molluscs, sulphur dioxide & sulphites

Available daily: Water, milk and fruit juice.

V Vegetarian

Week One **Week Two** **Week Three**

